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Recipes created just for you and your family by the chefs of Viale using the ingredients from your Just Eats box!

## CARROT SOUP

Recipe serves 6+

**Ingredients:**

- 6 Carrots
- 2 Onions
- 2 Potatoes
- Water, milk, or chicken stock
- Salt

1. Peel and medium chop 6 carrots.
2. Dice 2 onions.
3. Peel and chop 2 potatoes.
4. Take the above and cover with either water, milk, or chicken stock.
5. Bring to a simmer and on medium heat cook until all vegetables are soft.
6. Season with Salt.
7. Puree in a blender or food processor.
8. Serve hot.

## CARROT & ONION PASTA

Recipe serves 4-6

**Ingredients:**

- 2 lbs of pasta
- Carrots
- Onions
- Salt and pepper
- Parmesan cheese

1. Cook 2 pounds of pasta and strain.
2. Peel carrots and onions, and dice as small as desired. Bite-sized pieces preferred.
3. Sauté carrots and onions until they are cooked through on medium-high heat.
4. Add cooked pasta to the sautéed vegetables. Mix.
5. Season with salt, pepper, and parmesan cheese.